



red tailed hawks news

25030 Via Santee, Murrieta, CA 92563 • 951-696-1404

Principal: Tammy Hunter-Wethers • Assistant Principal: Lynn Nord



Principal Wethers' Message:



Dear Red Tailed Hawk Families,

We are in our final stretch of the school year. There are exactly forty-two days left, which is unbelievable. We have adapted and come out on the other side of one of the most difficult years for everyone, including our children.

This Spring, we would usually be gearing up for the California Assessment of Student Performance and Progress. (CASPP). Our third through fifth grade students will not be required to do the assessment this year. The state is requiring every district to do some type of universal testing K-12. The elementary sites will do screeners for our K-1 students in order to provide a baseline of skills for this age level. Our 2nd-5th grade students will complete iReady testing in English Language Arts and Math. The goals are to prioritize students that may need summer school and present fifth grade levels to the middle schools in a timely manner. We need our students to take the testing seriously. Fourth and Fifth grades will begin the week of April 19th. Parents will be notified of future schedules. The assessments will be completed in their current learning environment. (ex. Hybrid or Virtual)

The iReady assessments will be taken online with teachers and Intervention staff as proctors. Just like class assignments and report cards, these assessments give teachers a way to evaluate individual student achievement. The results will not be used to determine whether a student moves on to the next grade level. They will provide important feedback about your child's strengths and areas where they may need additional support.

Please make sure your child is not overly anxious about the assessment or the results. The most important thing you can do is to make sure your child is on time for the testing session, well rested, and had a good breakfast.

We look forward to finishing out this school year strong. Thank you to our students, parents, and staff, that have come so far in our march toward normalcy.

Sincerely,

Mrs. Wethers

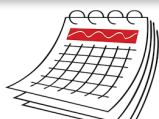
SPRING PICTURE DAY IS WEDNESDAY, 4/14 & THURSDAY 4/15!!!

Make an appointment and be sure to wear your best smile!
Click this [LINK](#) to make your appointment on the Sign Up Genius website.

Resource Links:

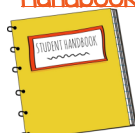
Community

Flyers



Rail Ranch
School Year
Calendar

Parent/Student
Handbook



Rail Ranch
Website

Lunch Menu



Hawk Happenings



MONDAYS ARE MEAL PICK UP DAYS- 12:15-6 PM

STUDENT MATERIALS PICK UP DAY (VIRTUAL STUDENTS ONLY)

Monday, 4/12 - Kinder

Tuesday, 4/13-4th and Hamilton

Wednesday, 4/14- 1st, 5th, and Hensley

Friday, 4/16 2nd & 3rd

4/14-CHIPOTLE FUNDRAISER!!! 4-8 pm

Please come and support our 5th Grade Class as we fundraise for End of Year gifts for our promoting students!!

Chipotle

40940 California Oaks Road

Murrieta

You can also order by using the Chipotle App or Chipotle.com:

Be sure to type in order code: **J3WGFR4** so Rail can receive the credit.

4/14- PICTURE DAY!

4/15- PICTURE DAY!

Visit [Signup Genius](#) to make an appointment

LIBRARY NEWS

Curbside pick-up for virtual students will be moving to Mondays starting the week of April 5th. There will be a table set up outside the front office from 12:30pm-2:30pm with the student's books labeled for pick-up.

Hybrid students will have their books delivered to their classroom every other week. Please remember to return their books in their bookbags before their library day. Students that have over-due books will not be able to check out new books.

If you have any questions please email Mrs. Harris.



**PLEASE WEAR YOUR
MASK WHILE ON
CAMPUS AND
REMEMBER TO KEEP
YOUR DISTANCE!**

COUNSELING CORNER

SUPPORTS & LINKS

- [Counselor Check-In Form](#)
- [Community Resources](#)
- [Free Mental Health Concierge](#)
- [April Virtual Library](#)



Stress Relief in Children

As your child continues to adjust to the changes and different expectations, you might see changes in their attitude, behavior, and emotions. Here are a few tips for helping your child manage their stress:

- Recognize that a negative attitude or poor behavior choices can be a result of stress. This doesn't mean that your expectations for respectful behavior should change.
- Acknowledge your child's stress. Let them know you understand that change can be hard.
- Listen to your child. Let them tell you about their school day, the good parts and the bad parts.
- Help them identify their feelings. Are they frustrated, mad, sad, confused, overwhelmed? Finding the correct feeling word(s) can help reduce stress.
- Validate their feelings. Never tell them they shouldn't feel a certain way. Tell your child about the importance of school and doing their best, even when it's hard or they don't want to. Hold firm to your expectations.
- Try not to take away their stress for them by letting them stay home from school or doing their homework for them. This will not help them in the long run.
- Talk about stresses they can control vs. stresses they can't. Write them down and 'get rid' of the ones they can't change (rip them up, throw them away, put them in a box).
- Help your child develop a growth mindset and positive self-talk habits. When they're stressed, they can begin to talk themselves through it - "I can do this," "I am good at this," "I've gotten through this before," or "I'll try my best."



World Autism Awareness Day

AUTISM AWARENESS DAY IS OBSERVED ON APRIL 2. THE DAY RECOGNIZES AND SPREADS AWARENESS FOR THE RIGHTS OF PEOPLE WITH AUTISM. THE UNITED NATIONS SANCTIONED DAY WAS CREATED TO INCREASE UNDERSTANDING AND ACCEPTANCE OF PEOPLE WITH AUTISM, FOSTERING WORLDWIDE SUPPORT. THERE IS NO BETTER WAY TO CELEBRATE THIS DAY THAN BY BECOMING AWARE OF THE CHARACTERISTICS OF PEOPLE WITH THIS CONDITION AND HOW ALL OF US CAN DO BETTER TO INCREASE OUR OWN UNDERSTANDING AND PROMOTE KINDNESS. IN APRIL 2021 AUSTIMSPEAKS.ORG IS INVITING THE COMMUNITY TO #LIGHTUPWITHKINDNESS. FOR MORE INFORMATION VISIT THEIR WEBSITE WWW.AUTISMSPEAKS.ORG.



April is the Month of the Military Child. This awareness month was established to underscore the important role children play in the Armed Forces community.

There are approximately 2 million military children, ranging in ages from newborn to 18 years old; over 1 million military children are school-aged. Care of military children sustains our fighting force, and strengthens the health, security, and safety of our nation's families and communities.

Military families make remarkable sacrifices as they deal with separation from their families and make adjustments to new living situations and communities. However, most Military Families exemplify strength, resilience, and courage. We appreciate and acknowledge the incredible contributions that our Military Families at all of our MVUSD schools make to our Nation.

DO GOOD WITH BURRITOS



Join us at our restaurant for a fundraiser to support Rail Ranch Elementary 5th Graders. Just come in to the Chipotle at **40940 California Oaks Rd Ste A** in Murrieta on **Wednesday, April 14th** from **4:00pm** to **8:00pm**. Bring in this flyer, show it on your smartphone or tell the cashier you're supporting the cause to make sure that 33% of the proceeds will be donated to Rail Ranch Elementary 5th Graders.

NEW! ORDER ONLINE FOR PICKUP

Use code J3WGFR4 before checkout in 'promo' field. Orders placed on Chipotle.com or through the Chipotle app for pickup using this unique code will be counted towards the fundraiser.



MEXICAN GRILL

All online orders must be placed for pickup at the same time/location of the fundraiser. Delivery cannot be counted at this time. Gift card purchases during fundraisers do not count towards total donated sales, but purchases made with an existing gift card will count. \$150 minimum event sales required to receive any donation.

ONLINE FUNDRAISERS

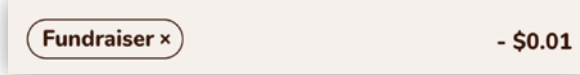
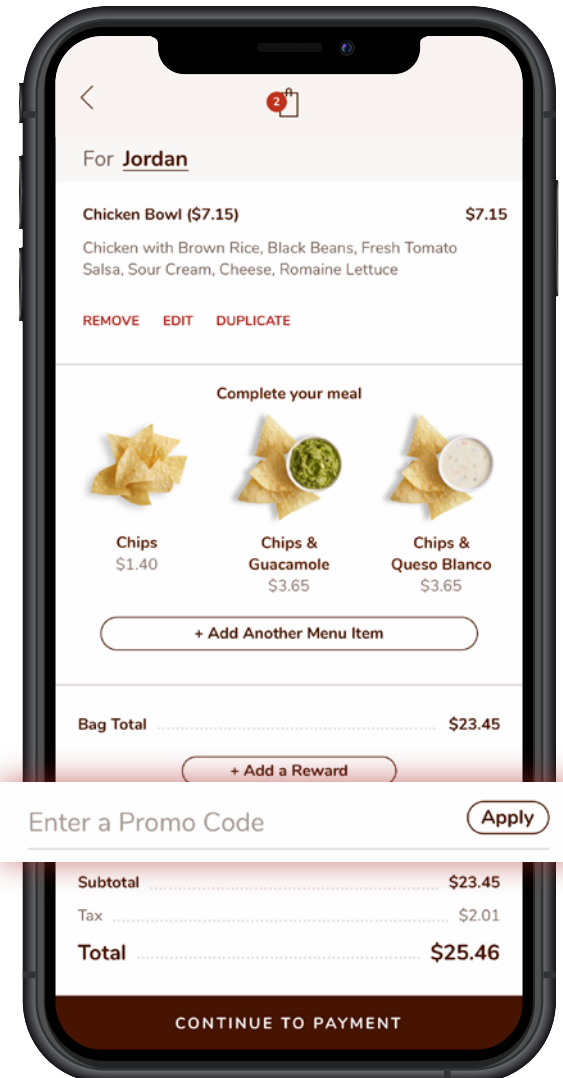


Congratulations on your upcoming Chipotle fundraiser! Below are details on how to participate in your fundraiser online through the **Chipotle App** or **Chipotle.com**.

Please note all online orders for your fundraiser must be within your scheduled hours and only at the restaurant hosting your event.

- 1** Access the **Chipotle app** or order on our **website**.
- 2** Choose **“Pickup”** and select the location of the restaurant which is hosting your fundraiser.
Delivery orders or orders placed through other apps will not be counted towards your fundraiser.
- 3** Build your order with all your faves.
- 4** Once you’re ready to place your order, input your unique online fundraiser code in the **“Enter a Promo Code”** section. Don’t forget to click **“Apply.”**
- 5** Provide payment information and submit your order for pickup (not delivery).
Reminder, pickup must be within the hours of your scheduled fundraiser.

If you or your supporters forget to input and apply the code at checkout, please email us your order information at fundraisers@chipotle.com.



HELPFUL TIP

Once you apply your fundraiser code, your cart will show “Fundraiser” and an amount of -\$0.01. Don’t panic — this is totally normal and how we track the code in our system.

DAILY STUDENT HOME SYMPTOM SCREENING

Symptoms reflect CDC guidelines as of February 2021

Families: This Symptom Check **must be** completed every morning. If your student(s) answer 'YES' to any of the symptoms below, **keep your student at home.** This is a critical step in keeping our school community healthy.

SECTION 1-SCREENING QUESTIONS

1. Has your student been exposed to anyone who has tested positive to COVID-19 within the last 14 days? YES NO
2. Is your student or anyone in the household currently under quarantine due to COVID-19? YES NO

SECTION 2-SCREENING QUESTIONS

Individuals with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus.

In the last 24 hours, has your student had any of these symptoms, not related to a pre-existing condition that has been medically documented?

** indicates a symptom that is high risk or highly suggestive of COVID-19.*

- | | | |
|---|------------------------------|-----------------------------|
| *Fever of 100.4 or higher (Temp should be taken daily) | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| *Cough | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| *Shortness of breath or difficulty breathing | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| *New loss of taste or smell | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Headache | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Sore Throat | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Fatigue | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Muscle or Body Aches | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Nausea/vomiting | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Diarrhea | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Congestion or Runny Nose | <input type="checkbox"/> YES | <input type="checkbox"/> NO |

Students answering 'YES' to any of the above symptoms, or who have been exposed to someone with COVID-19, MUST STAY HOME! Please call the school office to report your student's absence.

***Form for home use only, do not submit a copy to your student's school site.**

Verificación diaria de síntomas de la COVID-19

Familias: Deberían realizar la revisión de síntomas de su hijo(a) todas las mañanas, incluyendo, tomando la temperatura de su hijo(a) antes de mandar los a la escuela. **Los estudiantes y el personal que no se sienten bien o están mostrando cualquier síntoma de la COVID-19 antes del comienzo de la escuela están obligados a quedarse en casa.** Este es un paso crítico para mantener a nuestra comunidad escolar saludable.

LA SECCIÓN Numero 1

1. ¿Su hijo(a) ha estado expuesto a alguien que ha dado positivo a la COVID-19 en los últimos 14 días?

SÍ NO

2. ¿Su hijo(a) o alguien en el hogar está actualmente en cuarentena debido al COVID-19?

SÍ NO

LA SECCIÓN Numero 2

Las personas con la COVID-19 han tenido una variedad de síntomas. Los síntomas pueden aparecer 2-14 días después de la exposición al virus COVID-19.

En las últimas 24 horas, ¿su hijo(a) ha tenido alguno de estos síntomas, no relacionado con una condición preexistente que haya sido documentada médicamente?

** indica un síntoma que es de alto riesgo o altamente sugerente de COVID-19.*

***Fiebre de 100.4 F (38°C) o más** (la temperatura debe controlarse a diario) SÍ NO

***Tos** SÍ NO

***Falta de aire o dificultad para respirar** SÍ NO

***Nueva pérdida del gusto u olfato** SÍ NO

Dolor de cabeza SÍ NO

Dolor de garganta SÍ NO

Fatiga SÍ NO

Dolores musculares SÍ NO

Náuseas/vómitos SÍ NO

Diarrea SÍ NO

Congestión o secreción nasal SÍ NO

Si respondió de manera afirmativa a cualquiera de los síntomas mencionados anteriormente, su hijo/a debe quedarse en su casa y ser reevaluado al día siguiente. Comuníquese con la dirección de la escuela para informar la ausencia de su hijo/a todos los días.